

# Allergens & Gluten



	Fish	Shellfish	Peanuts	Tree nuts	Milk	Eggs	Wheat & Gluten	Soybeans	Bacon	MSG
<b>Chowders</b>										
White Clam Chowder	✓	✓			✓	✓		✓	✓	✓
Red Clam Chowder	✓	✓				✓		✓		
Wild Alaska Salmon Chowder	✓					✓		✓		
Alder Smoked Salmon Chowder	✓				✓	✓		✓	✓	
<b>Breading</b>										
Batter						✓		✓	✓	
Breading						✓	✓	✓	✓	
Panko Breading								✓	✓	
Cajun Breading								✓	✓	✓
Clam Strips		✓				✓		✓	✓	
Chicken Strips						✓	✓	✓	✓	
<b>Sauces</b>										
Tartar Sauce							✓		✓	✓
Sweet Tartar							✓		✓	
Ketchup										
Cocktail Sauce									✓	✓
Barbecue Sauce	✓								✓	
<b>Dressings</b>										
Cole Slaw Dressing							✓		✓	
Caesar Dressing	✓					✓	✓		✓	
Ranch Dressing						✓	✓		✓	✓
Sesame Dressing							✓	✓	✓	
<b>Grilled Fish Ingredients</b>										
Non-Stick Spray									✓	
Liquid Butter									✓	

Ivar's uses shared prep areas and cooking equipment, and cannot wholly eliminate the risk of cross-contamination (there is no separate fryer or grill exclusively for people with seafood allergies, for example). Additionally, we cannot guarantee that any of our menu items will be completely free of specific allergens as suppliers occasionally substitute products (feel free to ask the manager to see the ingredient label for any item).