

Allergens & Gluten



	Fish	Shellfish	Peanuts	Tree nuts	Milk	Wheat & Gluten	Eggs	Soybeans	Bacon	MSG
Chowders										
White Clam Chowder	✓	✓			✓	✓		✓	✓	✓
Red Clam Chowder	✓	✓				✓		✓		
Wild Alaska Salmon Chowder	✓					✓		✓		
Alder Smoked Salmon Chowder	✓				✓	✓		✓	✓	
Breading										
Batter						✓		✓	✓	
Breading						✓	✓	✓	✓	
Panko Breading								✓	✓	
Cajun Breading								✓	✓	✓
Clam Strips		✓				✓		✓	✓	
Chicken Strips						✓	✓	✓	✓	
Sauces										
Tartar Sauce							✓		✓	
Sweet Tartar							✓		✓	
Ketchup										
Cocktail Sauce									✓	
Barbecue Sauce	✓								✓	
Dressings										
Cole Slaw Dressing							✓		✓	
Caesar Dressing	✓						✓	✓	✓	
Ranch Dressing							✓	✓	✓	✓
Sesame Dressing							✓	✓	✓	
Grilled Fish Ingredients										
Non-Stick Spray									✓	
Liquid Butter									✓	

Ivar's uses shared prep areas and cooking equipment, and cannot wholly eliminate the risk of cross-contamination (there is no separate fryer or grill exclusively for people with seafood allergies, for example). Additionally, we cannot guarantee that any of our menu items will be completely free of specific allergens as suppliers occasionally substitute products (feel free to ask the manager to see the ingredient label for any item).